



THE ROTARY CLUB *of* BELLINGHAM  
BELLINGHAM'S FIRST ROTARY CLUB

TATTLE



## Opening

Meeting #4203 was opened by **President Jim** and **Don Anderson** led us in the Star Spangled Banner. Then, the unprecedented occurred.

Before **Dennis Murphy** could rise to the podium to present the invocation, President Jim announced that a change in routine was to be visited upon us, and asked **Bob Morse** to proceed to the podium. But it was all for good cause, as Bob's raison d'etre was to eulogize our friend and longtime Rotarian, **Jim Caldwell**.

Bob began by noting that Jim was a consummate master of detail who would quite possibly disapprove of the departure from protocol, even for his own eulogy. We sincerely hope he will forgive us, just this once.

### **JIM CALDWELL MEMORIAL**

Jim Caldwell was a giant of a man, and was husband to wife Anne, grandfather of five, and great grandfather to another five.

Born and raised in Honolulu, Jim moved on to college at Stanford,

*July 13th, 2009*

*2009-2010*

*Sponsors:*

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*Adelstein Sharpe & Serka*

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*Barry Hanson*  
*Unity Group*

where he received a degree in accounting.

Jim loved sports as a participant, a coach, and as a fan. He had an incredible memory of sports events, and stats. In 1950, when the San Francisco Giants arrived on the west coast, Willie Mays was one of the players and he became one of Jim's favorite sports heroes.

Oddly enough, several years later in a restaurant where he and Anne were dining with **Larry Johansen** and his wife, Larry spotted Willie Mays at a nearby table. Jim calmly stood up and went over to the table, stating "you're Willie Mays". He then went on to tell the stunned baseball great that he had attended a particular game in which Willie's play had won the game. Jim also knew Willie's dinner companion, recognizing him as the commentator for the Giants.

Having finished his objective, Jim turned around and went back to his table. He had said his piece.

Jim's business career included finance and accounting, and he moved to Bellingham to become the VP/Controller of a subsidiary of Del Monte. Eventually Jim was called back to company headquarters in San Francisco, but decided to stay in the town that he and Anne had made their home. Jim finished his career at Henefin Associates. He will always be remembered for the hard work he put into every job he ever held.

Jim carried this work ethic into the community as he served on many boards with full and active participation. He was elected to the City Council and it is believed he actually read the cumbersome reports provided to those politicians in order to fully discuss each issue with complete knowledge.

Jim lived up to the Rotarian standard of "never say no". He was President of our Club in 1980. He received the Community Service Award twice - in 1990 and 1997. In the year 2000, Jim served as District 5050 Governor. He was also a 5 time Paul Harris Fellow Award winner.

Jim believed whole heartedly in the Four Way Test, and lived it by living a life that was full and rich. We will all miss him and his gentle way.

#### **INVOCATION**

**Dennis Murphy**, standing patiently by, then stepped up to the podium and delivered the invocation.

**CELEBRATE ROTARY CLUB OF BELLINGHAM**

*Dave Morse*

*Blythe Plumbing*

*John Sitkin*

*Chmelik Sitkin*

*& Davis, P.S.*

*Teri Treat*

*Sage Management*

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#### **THIS WEEK'S TEAM:**

Editor: Dale Rings

Reporter:  
Yvonne Cartwright

Photographer: Del  
Vandekerck

President Jim, full of surprises, announced two new initiatives for our Club during his tenure. The first will be to ask a Club member of some years to describe what they appreciate most about the Club. **Al Williamson** provided the inaugural talk.

Al has been a Rotarian for 35 years. He is most proud of three things:  
The work that Rotary has done to eradicate polio;  
The Club's participation in developing Boulevard Park;  
The Club's participation in building Hospice House.

The second new initiative is to Celebrate Classifications. **Del Vandekerck** launched this one, describing his classification of "Office Systems". Del is proud of the growth of the company he and his partner started. He also confessed that it is difficult to brag about your business to Rotary. He overcame this particular difficulty, however.

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## Presentations



**Phil Griggs**, proposed by **Don Anderson** and **Cleary Cone**, was introduced by Don Anderson and received the charge of membership from Past President Tim Farris.

Sgt. at Arms: Tom  
Grinstad

Invocation: Dennis  
Murphy

Introduction of Visitors:  
Austin Huang

Greeter(s): Pam  
Kiesner

Raffle Tickets: Peter  
Theisen

Music: Don Anderson

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**2009-2010**  
**OFFICERS**

**Jim Visbeek**  
President

Don introduced Phil with the following:

"It is a pleasure to introduce you to our newest member Phil Griggs. Phil is known to many of you personally through his community involvement and professionally through his urology practice. He was born and grew up in southeast Alabama in the not very large town of Headland, which as you know it is on US 431 between Dothan and Abbeville. He graduated from Auburn University with a B.A. in Pharmacy. After practicing pharmacy for a year he entered medical school at the University of Alabama in Birmingham. After receiving his M.D. he did an internship at the University of Washington where he fell in love with the Great Northwest. He then returned to the University of Alabama Birmingham for his residency training in his specialty of urology.

Phil went on to practice urology here in Bellingham for 26 years before semi-retiring in 2006. In semi-retirement he did what most of us only dream of doing. The first year he and his wife Maureen escaped our dreary winter weather by doing a locum tenens practice of urology in New Zealand. The next year it was in Perth, Australia, and the third year they returned to New Zealand. If you were a recipient of their delightful newsletters, you could vicariously enjoy if not be a little envious of their times down under.

Phil and Maureen have been married for 39 years and they have two sons - Ryan and Patrick. Phil has been active in Rotary as a member of the Bellingham Bay club and as a founding member of the Sunrise club where he was awarded a Paul Harris fellowship."

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## Happy Bucks

**Patricia Decker** - \$24 for the July 24th opening of the new Whatcom Museum.

**Del Vandekerck** - \$50 - \$41 for wedding anniversary, \$4 for the advertisement he was able to provide via the new "Celebrate Classifications"; \$5 for the opportunity to sing with the Bellingham Festival of Music Chorus.

**Chuck Snyder** - for 3 days in Ellensburg teaching court procedure to students, including **Rex Dudley's** son.

**Kathy Hughes**  
President Elect

**Steve Adelstein**  
Vice President  
& Program Chair

**Steve Hoekstra**  
Treasurer

**Margaret Curtis**  
Immediate Past President

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**Sandee Lindhout**  
PO Box 1578  
Bellingham, WA  
98227-1578

Phone:  
360.734.5532  
Fax: 360.656.5043  
Email:  
[rcob@comcast.net](mailto:rcob@comcast.net)

Club Website  
[www.bellinghamrotary.org](http://www.bellinghamrotary.org)

District 5050 Website  
[www.district5050.org](http://www.district5050.org)

**Club meets  
Monday - 12:00 Noon  
Northwood Hall**



**Roger Barnhart** - gave an emotional (what else?) description of a trip to Washington DC with his 13 year old grandson, and all agreed that it was a very special thing for a grandfather to be able to do.

**Joan Airoidi** - gave happy bucks for **Don Anderson** who has donated 34 pints of blood! C'mon Rotarians, that is a challenge if I've ever heard one!

**Doug Cole** - for **Brad Burdick**, who completed the Seattle to Portland bike ride. Ouch.

**Tony Pechtalt** - for 10 days fishing, where he caught fish but nothing like THE BIG ONE caught by **Bob Morse**.

**Scott Renne** - \$20 for a wedding anniversary and divorce in the same month (?)

**Ralph Rinne** - for reconnecting with a former shipmate after 55 years.

**Cathy Buckley** - for 35 years of marriage, 4 weeks on their boat without rain, and attending a fun wedding in Sun Valley.

**Joe Coons** - donated for having showed up last Monday when there was no meeting due to July 4. Apparently he wasn't the only one.

**Tim Farris** - \$1 for "the genuine article, Roger Barnhart."

**Robin Halliday** - for 35 years of marriage, great weather on a boating trip, and for the Whatcom Museum opening

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## Program



**Dr. Robert Keiper, WWU**

**Laughter: Motivation & Medicine**

Dr. Robert Keiper presented an entertaining - and apparently medicinal - program on the benefits of laughter to the human body. First, the facts:

1. Laughter stimulates both sides of the brain, allowing people to get

the message quicker and remember it longer.

2. Laughter can energize and optimize us; it is of benefit to the immune system, causing the system to create T-cells which increases interferon.

3. A big belly laugh exercises 400 abdominal muscles.

4. Laughing causes arteries to expand by 220%.

Second, the jokes:

·Don't let worries get the best of you - remember that Moses started as a basket case

·Why God Never Received Tenure at a University:

-He had only one publication, written in Hebrew, and no references

-He was not published in a refereed journal

-Some doubt He wrote it

-He may have created the world, but what has He done since?

-When one experiment went awry He tried to cover it up by drowning the subjects (Noah's Ark)

-He had his Son teach His classes for Him

Finally, a quote from Bill Cosby:

"Humor and laughter - the source of power, healing, and survival"

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## Guests of Rotarians

**Dennis Curtis** introduced Kevin Iverson

**Margaret Curtis** brought Kris Hamilton

**Steve Adelstein** introduced Kevin Mentzer

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## Member Birthdays/Club Anniversaries

### Member Birthdays

**Brad Burdick**, July 14th

**Doug Cole, July 14th**  
**Ken Jernberg, July 18th**

**Partner Birthdays**

**Joann Ossewarde, July 14th**  
**Sandi Halgren, July 16th**  
**Karen Haggren, July 17th**

**Club Anniversaries**

<b>Pam Kiesner, July 14th</b>	1 Year
<b>Jon Sitkin, July 14th</b>	12 Years
<b>Craig Parkinson, July 16th</b>	8 Years
<b>Drew Schmidt, July 19th</b>	5 Years

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## Upcoming Programs

**7/20 Dr. Hart Hodges - Building a Sound Whatcom Economy**

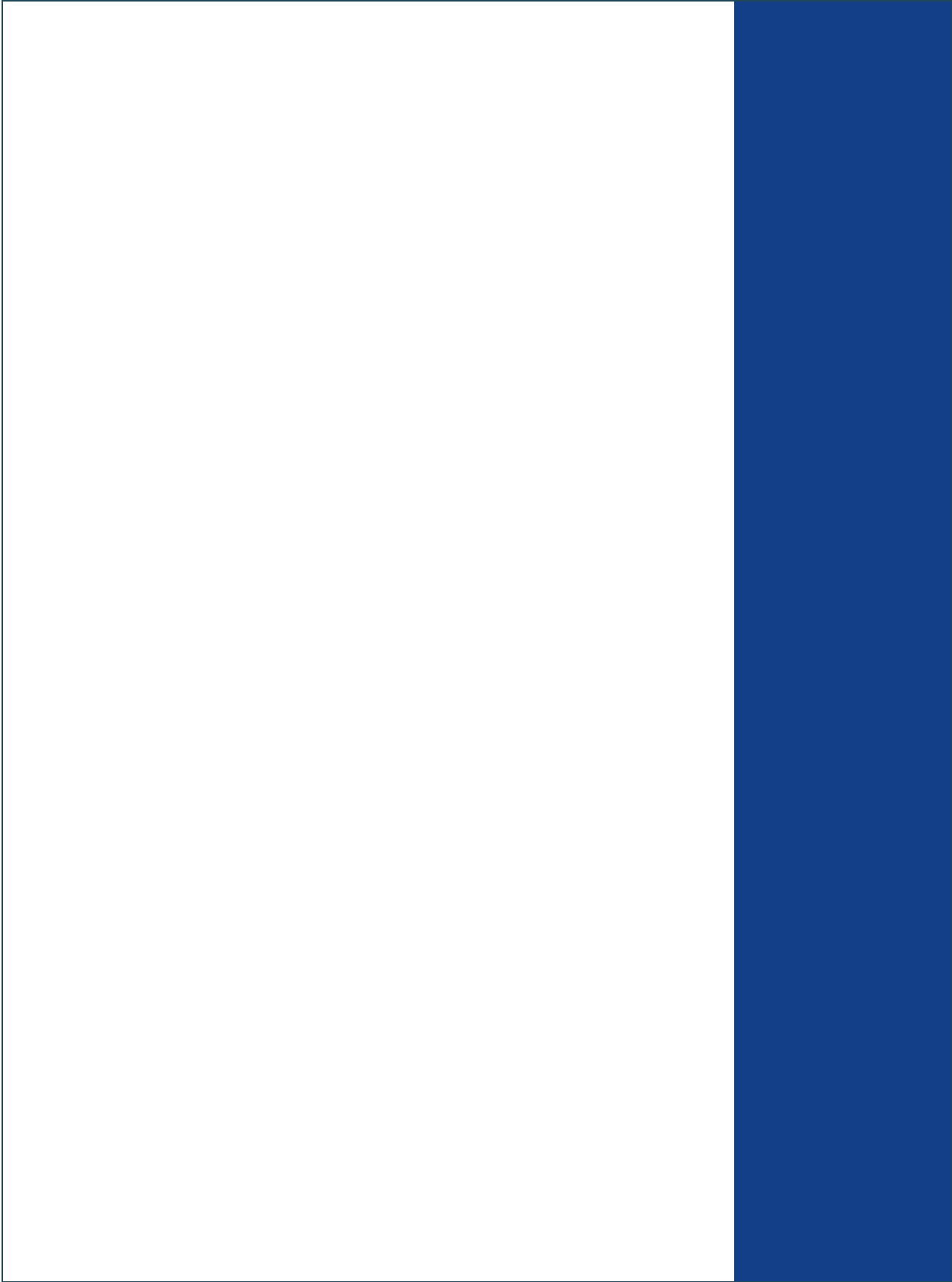
**7/27 District Governor Larry Jubie**

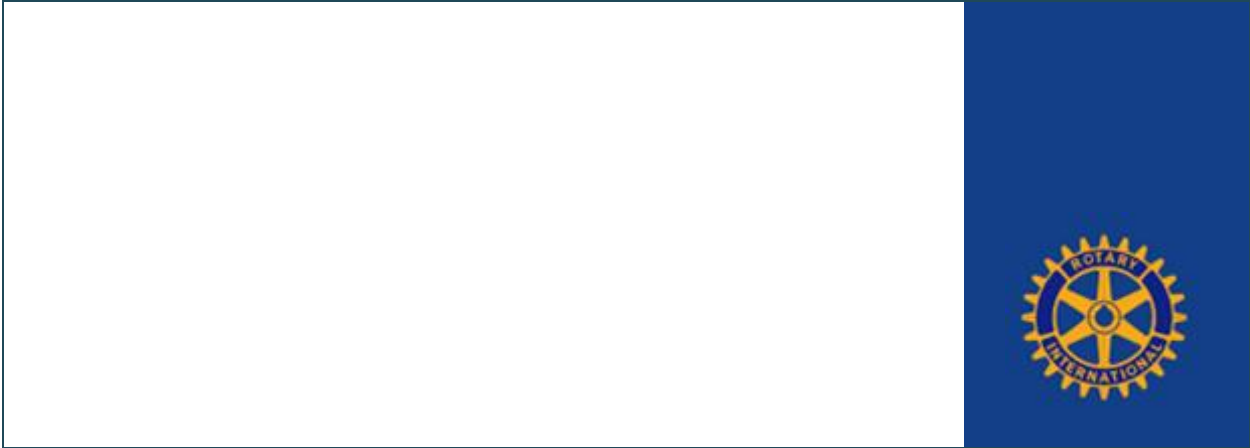
8/3 Howard Lincoln, CEO - Mariner's

8/10 Peter Jewett & Paul Grabau: Environmental Due Diligence on property

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